To My Dear Spirit Family,

First, may I express my gratitude for those of you who shared The Teaching of Little Crow with your friends last week. The “air crew” has indicated that a vibrational ripple has gone forth to set new seeds in the consciousness of many beings who are just awakening to real love. From that perspective, they consider the launch hugely successful.

Secondly, for those who are interested, please join me tonight (8-9pm Eastern, 7-8 Central, 6-7 MST, and 5-6 Pacific) on the Love by Intuition Show, on the Dreamvision7 Radio Network with host Deborah Beauvais. It can be heard live at WARL 1320 am in Providence, RI, and southeastern Mass., but is also available nationally and internationally by streaming internet. Go to [http://www.dreamvisions7radio.com](http://www.dreamvisions7radio.com), enter the site and click “Listen Live”. In a moment Real Player will start. It’s free and you are invited to call in and ask any questions or make comments of your own. The toll free number is (866) 854-9275 and the land line is (401) 273-6734.

Tonight’s Subject: Twin Flames/Soul Mates – the Longing of the human soul.

And, last, but certainly not least, please read on to hear the “air crew’s” latest

Words of the Heart

You Stand on the Threshold of Freedom

Dear Ones, you stand on the threshold of freedom with each choice you are making every Now. Whether that choice issues forth as a deliberate creation or whether you create by default, you are fashioning your New World with your choices. Inherent in your soul fabric as a sentient being is Free Will. So Choose. Choose what is Real – every Now.

You are not only in holy relationship with God, but as God, individualized. As the droplet of water is individualized within the ocean, it is still part of the ocean and a hologram of the whole, and as such, affects the whole. Your individualization allows you to expand God through your creations, and through your education in duality you have learned both what you do not want to create and what you do want to create. You have played every role on this stage of the unreal…all of them. But it’s time to close the curtain and clear away the props, for the curtains have dropped on your final performance.

Some of you are just beginning to remember the co-creative power of your remarkable Twin Flame Love; how to access it, give love to your Beloved, and make more love with
your Beloved in the Twin Flame Heart Womb. In this holy temple of consciousness you are the pure hologram of the Mother/Father God creative principle _ the primary forces of creation _ and from this resonant field you have been learning how to express your limitless love by giving more of what is Real through your precious Twin Flame heart to the Whole. As the very heart cell of God, you and your Beloved have begun to re-attune all of life to its original and perfect light pattern from an atomic level.

Still, you express concern that when you return to your every day consciousness in this dimension, you tend to function in duality in an even more extreme way, drawing as much on the pole or even more so than ever before. You scratch your head and wonder how you could have experienced such ecstasy in your love-making and then pull its polarity in such a magnified fashion upon returning your attention to Earth?

Dear ones, if you allow your attention, for even one moment, to be drawn to and accept the illusion, you will create duality – and since you have just come from creating so much light, you will pull an equal and opposite polarity if you do not hold the field of what is real!

Your FIRST and ONLY responsibility is to create and hold the field of Love from the Real. As you return consciousness to this dimension, hold the field and EMANATE WHAT IS REAL with each beat of your precious heart and each holy breath you breathe. All else will follow with grace and ease. You are the very heart cell of God, cleansing and revivifying every precious electron held in the matrix of creation on this planet as you easily re-attune light to its true vibration.

Have patience with yourselves as you explore this most holy union however you are able to access it right now. Your experience in love-making (making more of love) is not a figment of your lower mind’s manipulative antics. Express this holy union in every relationship as you see only Love and God before you, for all relationships lead to soul expansion—every one!

You are standing with one foot in each dimension – bridging through the thinnest membrane of consciousness and sometimes you can’t quite comprehend the Both/And nature of this experience. You are beginning to dissolve the illusion and establish new creative thought and feeling patterns associated with what is Real…and at times you will find yourself wobbling a little. But would you tell the infant just learning to walk to stay on the ground just because they stumble and fall while they are taking their first steps? The Truth is, dear ones, you have never actually left the Ultimate Consciousness, but have only been dreaming from within it. You have never actually separated from your Twin, for that is impossible. It is the very reason you can access your Beloved now. Your full emancipation in consciousness is entirely dependent upon awakening from the illusion, just as you awaken from the dreams of your sleeping.

Do not be terrified of the Real. Know you are BOTH in holy relationship with your Source, AND you are an individualized hologram of God expanding the ONE through your creations. You have become so accustomed to placing power outside of yourselves
and relinquishing responsibility for your creations, but it is impossible to escape the immutable law of attraction and you create with every thought, feeling, word, deed, and every intention! Where your attention is held, there is your reality. It is why you chose the education in separation consciousness, so you could gain your own spiritual maturity and sovereignty as individualized expressions of God.

You are graduating from the nursery held within a time/space continuum where your creations were not instantaneous. Surely, you have noticed that your creations are showing up more quickly as time collapses. Self-responsibility for your creations has been the curriculum and you have been acquiring this wisdom through the dramatic experience of contrast in duality.

The veils grow thinner as you surrender your fears. We know that for many of you just getting up and anchoring your consciousness in the Twin Flame heart field is a daily leap of faith that takes tremendous courage and strength in the face of the illusions to which you still tenaciously cling. What does it take to secure this anchor? --- Consciously, deliberately creating and remaining within the field of love even when your heart flutters with fear; even when your ego shouts at you to distrust a situation. Step into love with every choice, with your Beloved in your heart, just as if they stood physically by your side. Trust the form, for even if it is invisible to your physical eyes, it is not invisible to the eyes of your heart! Trust love instead of any kind of fear that you could be setting yourself up for some form of failure or disappointment, or fear that you are opening yourself up for some form of deception from within or without.

Every time you take your attention to what is real, loving God with every particle of your being, and loving your Twin as a reflection of God, you strengthen the magnetic attraction that inexorably draws the Twin as a Symbol in your world. What you hold your attention upon is what you create in this dimension. Period.

You are all experiencing a tremendous matrix shift and to re-sculpt your world you will have to gently ride this out while the shift is being real-ized. Surrender your judgments of everything that passes before the false screen of ego’s assessment. Drop into your heart field, for this is the New Mind, the New Organ of perception and discernment through which you must now function. While the little mind shouts its protests and attempts to make its last stand for control, gently release judgment of even this aspect of you and lovingly draw it into a remembrance of what is real.

You promised, dear ones, to return this world to love it free with your beloved Twin Flame. The heart seal of your DNA has swung open, and there is no turning back. You have completed the education of duality and gathered the wisdom necessary to grasp your scepter of sovereign dominion, so why would you want to revisit elementary school? Each choice you make in Truth is held in your causal body and, contrary to ego’s opinion, there is no backsliding. You are integrating multidimensional aspects of your being into a new and glorious expression of God as you create heaven on earth. Choose the grace and ease of your creative power in full right-use-ness, recognizing that every choice you make affects the Whole…
For we are ONE, and ONLY LOVE IS REAL!

Angelina Heart

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