

Angelina Heart's Twin Flames Newsletter

Valentines, 2013

Twin Flames Valentines

On this Valentine's Day, when your attention is brought to the heart and the idea of relationship, I'd like to pose some questions: Who or what established your ideas about love? Was it your family? Your church? Books, movies, media? Have those definitions of love led your heart to deep fulfillment? Has following the rules of love as outlined by those beliefs freed you or bound you?

The ideal of love is so powerfully encoded within your DNA that even eons of misperception cannot stop its song from singing within you; cannot stop you from seeking it constantly. Unfortunately, through separation consciousness, (the belief that we are separate from God and our Twin Flame), you may have sought for love by projecting your hopes and dreams upon people outside of yourself. You may have even hit the jackpot, certain you have found your Beloved and believe all will be well. You think you'll find peace, joy, fulfillment, co-creation, happiness, and love—all because another person looked back at you with the eyes of love. It resonates with an idea of a freedom you can't even quite define, because it represents the long forgotten memory of your limitless creative faculty.

But what if the person you love changes and no longer looks back at you with those eyes? Or what if you fall so deeply in love with a perfect reflection of your heart and they are completely out of reach due to societal rules, or God forbid, they don't actually know you, or worse still, know you and don't want you?

Would such a scenario demolish all your tightly held beliefs about love? Would it lead you to believe that the idea of your perfect complement is a sham? Would it turn your precious heart to stone? Maybe – at least for a while.

It is not just the hopeful heart that leads us to ask the hard questions. It's more often the broken heart that takes us most swiftly to the door of truth because we're finally humble enough to turn our attention to a higher power and ask for it.

A lot of people have come to my Twin Flame seminars or have listened to the audio version ([Twin Flames, Twin Souls, Soul Mates; From Ego's Fantasy to Romancing the God Within](#)), to help them get past the ego's rendition of what love is and what it thinks it *should* look like. On this precious day of love, I would like to reiterate the primary theme of my work: when you focus your attention on the illusions created by your personality, you will ultimately meet with disappointment. When you give love and adoration to your I AM Presence (God individualized as you), you are focusing on the full, omnidimensional aspect of your Twin Flame self. And...where your attention is, so is the magnetic pull for your reality.

If you attempt to draw your Twin Flame energy by focusing outside of yourself and projecting the ideal upon another, you will draw only an illusion of the ego's fantasy. If you focus upon the Real of Love, and love your I AM Presence with all your heart, mind, and soul, you cannot help but draw the fullness of your Twin Flame heart into a Divine Expression as a symbol in your world. I know the world reports the opposite as true – that you must hunt and possess another in order to experience the freedom provided by Divine Love – but this is love reversed.

You are already the fullness of your Twin Flame heart, even though this incarnation may have you expressing a more dominant aspect as either the Divine Feminine or the Divine Masculine. What you seek to experience is the reflection of God as your complement in the physical presence of another. So when sacred texts have prompted you to “Seek first the kingdom of God, and all else will follow,” they have taught the truth. This is as true for experiencing the freedom of Divine Love as it is for experiencing unlimited abundance. It is the pathway to true freedom in every area of your life.

You have always been One with God, an expression of God within God, as part of an infinite hologram. You are merely in the process of remembering, and the ancient song that sings within your DNA to reunite with your Twin Flame is a clarion call to return your consciousness to that which is Real. And my precious, most beloved family – Only Love Is Real. In your Twin Flame Heartwomb, the only thing you create is more Divine Love. It is but consciousness that creates a temporary mold for Love to fill.

Happy Valentines,

Angelina